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LIFE

TREMAINE DU PREEZ

www.CoachingClub.co.uk

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Tremaine Du Preez, MSc

Upgrading the future, one decision at a time.

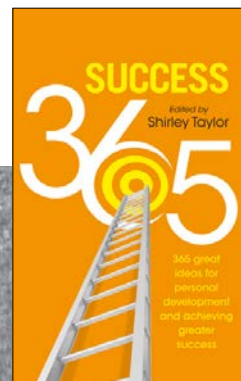
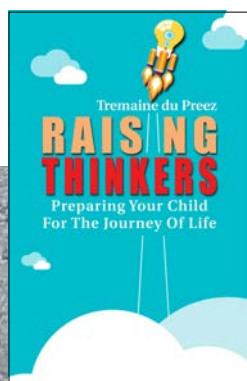
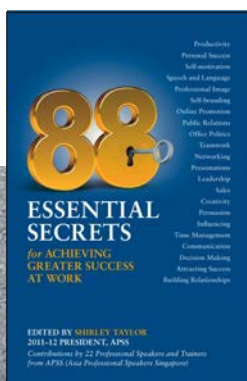
Tremaine brings scientific subjects to life in meaningful and thought-provoking ways. She is a behavioural economist on a mission to spread the science and art of good decision making. She speaks on critical thinking in decision making, the role of emotions in decision making and leadership behaviours. She is author and co-author of 5 books. Her latest book *Raising Thinkers - Prepare your Child for the Journey of Life* will be out in Nov 2016. It introduces parents to the fundamentals of fostering good decision making, creativity and emotional intelligence in their children because it's much easier to coach a child than a CEO.

She should know, she's been coaching executives since 2008, lecturing on MBA programs and working with government agencies in Asia. Since moving to London in late 2015 she has founded the Coaching Club (CoachingClub.co.uk) and the popular channel, Coaching Club TV (youtube.com/c/TheCoachingClub).

Tremaine is a member of the global faculty of Duke Corporate Education and, previously, adjunct professor at SP Jain Global School of Management, lecturing on both the undergraduate and MBA programs. In 2009 she designed the critical thinking training program for the Monetary Authority of Singapore (Singapore's Central Bank), which she facilitated until moving to London.

Qualifications

Tremaine has an MSc in Financial Economics from the University of London and a BCom in Information Systems Engineering (with distinction). She also holds the International Capital Markets Qualification from the Securities Institute of London and is a certified executive coach with 7 years of experience in the field. Her PhD in coaching decision science formally begins in October 2016. For professional recommendations please visit her LinkedIn profile at: www://sg.linkedin.com/in/tremainedupreez.





"As the President of PMI (Project management Institute) Singapore Chapter I have had the pleasure of working with many of the best public speakers and brightest minds in industry. Tremaine ranks among the very best speakers I've ever encountered. Her speeches on the topics of Critical thinking, Better Decision Making,

Innovation and Creativity have influenced industry leaders in many parts of the world.

Tremaine Is An Electrifying Public Speaker And Her Passion For The Subject Matter Is Infectious." ~ Umesh Ursekar, President At PMI Singapore Chapter, 2014

During my 2010-2011 Presidency of Asia Professional Speakers Singapore, we asked Tremaine du Preez to speak at our annual flagship business growth event, "Raise Your Game", as well as at other various meetings and events throughout the year.

Tremaine's presentations are insightful, informative, engaging and presented with such intelligence and structure that audiences simply don't want to miss a word, a concept, a strategy or an idea. - Tim Wade Global Keynote Speaker and Trainer - Leadership, Change, Motivational Speaker



"Prof Tremaine was a thorough expert in her field and her sessions were more unique than the mundane techniques followed by other faculty members. She was absolutely brilliant in her communication and teaching methodology and kept the class engaged beautifully. Her class sessions were very enjoyable. Her style should be adopted by all the professors. I would definitely benchmark her now as a template for ideal faculty for subsequent subject teachers and would be bloody delighted if she teaches us again." - Feedback from MBA student in SPJain year end report.



Thinking Agility

The Science Of Choosing Wisely

Today, making decisions without full information, under short time frames and high levels of stress is the norm rather than the exception. As a professional decision maker, success in both your personal and professional life depends on the quality of your thinking under these conditions. Similarly, in a world where even small decisions can have enormous consequences, organisational success relies on the cumulative decisions of both leaders and staff. Given how high the stakes are, how much time do you spend specifically developing your thinking skills and those of your team?

In this essential keynote, behavioural economist Tremain du Preez, draws on several fields shaping decision science including behavioural economics, social psychology and neuroscience to introduce you to some foundational skills for making sound decisions under conditions of uncertainty. As an MBA lecturer and global faculty member of Duke Corporate Education, she is known for dressing down serious subjects and bringing theory to life and practice.

Highlights

1. In this talk you'll be introduced to the behavioural stumbling blocks that affect how you process information, formulate opinions and solve problems. You'll learn how to identify and moderate these influences.
2. The role of unconscious processes, such as stress and emotions, have long been the missing piece in risk analysis, managerial decision making and control processes. Tremain will explore the origins and impact of specific unconscious processes on risk tolerance and decision making.

Participants will find this talk challenging, interesting and practical. They will be encouraged to think, question and participate throughout. Ultimately, rethinking their thinking.

“I had the pleasure to see Tremain close the Singapore Project Management Institute’s annual convention (as she has done for two years now) and for that about 800 people stayed as they knew they were in for a treat. Tremain is entertaining, logical, fun, smart, enthusiastic, charismatic and charming. The audience was certainly mesmerised by her charm and wisdom and definitely had an aha! moment for her topic.”

Julia Checchia, PMP®, MBA, MSc, Hitachi Systems



Thinking Agility

Creating A Risk Aware Organisation

Interconnectivity, volatility, uncertainty, complexity and ambiguity are now permanent features of the business landscape along with a drive towards transparency and top-heavy regulation. Despite knowing this, both internal and external fat tail events continue to surprise and derail management teams.

Over the last two decades many of these 'unknowable risks' had behavioural origins making them difficult to quantify, near impossible to forecast and hard to control for. Suboptimal thinking and decision making in an organisation is such a behavioural risk.

How does an organisation create an environment where staff are able to use uncertainty as a factor in their decision making and manage risk independently?

In this thought-provoking keynote behavioural economist, Tremaine du Preez, invites you to explore the risk persona of your organisation. She shares with you how your learning and development, leadership and mentoring efforts can create an environment where staff are able to function optimally under stressful and uncertain conditions.

Having lived and worked across three continents and 4 countries Tremaine is able to share best practices from a diverse range of clients and industries including one of the world's most successful central banks.

Highlights

1. Explore the risk persona of your organisation and how it is supported, or not, by your learning and development environment.
2. Discuss the role of stories and narratives in both creating and understanding external risk and uncertainty.
3. Learn how structured volatility, failure, feedback and system's thinking create a risk aware organisation.

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www.TremaineduPreez.com

www.youtube.com/tremainedupreez

www.uk.linkedin.com/in/tremainedupreez

CONTACT +44 (0) 7473 514147

tremainedp@CoachingClub.co.uk

for all other enquiries

hello@CoachingClub.co.uk

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(previously The Leadership Consultancy)

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